



Wondering what type of move is right for you on your next CONUS PCS? Answer a few questions and tally your points to see if a government contracted move, a PPM or a partial PPM best fits your current circumstances.

Scoring Notes:

- Each question is scored 1–5 points unless it's given extra weight. Then the answers score 2-10 points. These weighted questions are critical factors in the ability to complete one type of move over another.
- Higher points generally indicate a greater fit for a self-move (PPM), while lower points indicate a stronger fit for a Government Contracted Move.

1. How stressful do you find the moving process?
 - 1) Extremely stressful
 - 2) Very stressful
 - 3) Neutral
 - 4) Manageable
 - 5) Not stressful at all
2. How organized do you feel when it comes to planning, packing, moving items and scheduling?
 - 1) Not at all organized
 - 2) Somewhat disorganized
 - 3) Neutral
 - 4) Somewhat organized
 - 5) Very organized
3. Are you physically able & willing to load & unload all your heavy furniture & boxes?
 - 2) Not at all (physical limitations or no help)
 - 4) A few items
 - 6) Some items
 - 8) Most items
 - 10) Everything
4. How much time do you have to dedicate to packing and moving?
 - 2) Very little time (rapid report date or high op-tempo)
 - 4) Limited time
 - 6) Moderate time
 - 8) Ample time
 - 10) Plenty of time

5. How comfortable are you paying upfront for the moving expenses of a PPM (packing supplies, truck rental, fuel) knowing payment takes time?
- 1) Very uncomfortable
 - 2) Somewhat uncomfortable
 - 3) Neutral
 - 4) Comfortable
 - 5) Very comfortable
6. How comfortable are you with professional movers handling your most valuable or fragile items?
- 1) Very comfortable
 - 2) Comfortable
 - 3) Neutral
 - 4) Uncomfortable. I'd rather do it myself.
 - 5) Very uncomfortable
7. Where do you want your primary focus to be during this PCS transition?
- 1) Exclusively on my new unit and family logistics (I want movers to do everything)
 - 2) Mostly on the transition (Minimal involvement in the move)
 - 3) Balanced (I can handle some moving tasks)
 - 4) Mostly on the move (I want to manage the packing/loading process)
 - 5) Entirely on the move (I want full control to ensure it's done my way)
8. Are you moving during a season with high risk for severe weather (blizzards, hurricanes, floods)?
- 1) Yes, absolutely
 - 2) Definite possibility
 - 3) Slight possibility
 - 4) Unlikely
 - 5) No
9. Do you have housing lined up for immediate move in at your destination?
- 1) No
 - 2) Unlikely
 - 3) Currently searching
 - 4) Most likely yes
 - 5) Yes, absolutely
10. How familiar are you with the route and area you'll be moving to?
- 1) Not at all
 - 2) Vaguely familiar
 - 3) Neutral
 - 4) Somewhat familiar
 - 5) Very familiar

Scoring Guide

Total Points: 10-56

10-25 Points: Government Contracted Move

You should consider using professional movers contracted by the government to handle the packing and delivery of your entire household.

26-40 Points: Partial PPM

A combination of self-move and government movers (partial PPM) is your sweet spot. Let the government movers take the heavy furniture and big items, while you personally move your essentials, valuables, and "first-night" gear in your own vehicle to earn a smaller incentive payment.

31-56 Points: PPM

A Personally Procured Move (PPM) fits your skills and preferences. You have the time, physical ability, and organizational skills to maximize your profit. You'll handle the truck rental, packing, and driving yourself.

Note: This exercise is meant to help service members think through their options. It is not a guarantee of results. Always check with your local Transportation Office before making a final decision.